

0123 3/20/12

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: CA030000008	(X2) MULTIPLE CONSTRUCTION A. BUILDING _____ B. WING _____	(X3) DATE SURVEY COMPLETED C 11/23/2011
NAME OF PROVIDER OR SUPPLIER COTTONWOOD HEALTH CARE		STREET ADDRESS, CITY, STATE, ZIP CODE 625 COTTONWOOD STREET WOODLAND, CA 95695		
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)	(X5) COMPLETE DATE
A 000	Initial Comments The following reflects the finding of the California Department of Public Health during the investigation of complaint number CA00289873. Representing the Department of Public Health: HFEN, 1672 The inspection was limited to the specific complaint investigated and does not represent the findings of a full inspection of the facility.	A 000		
A 163	T22 DIV5 CH3 ART3-72311(a)(1)(A) Nursing Service-General (a) Nursing service shall include, but not be limited to, the following: (1) Planning of patient care, which shall include at least the following: (A) Identification of care needs based upon an initial written and continuing assessment of the patient's needs with input, as necessary, from health professionals involved in the care of the patient. Initial assessments shall commence at the time of admission of the patient and be completed within seven days after admission. This Statute is not met as evidenced by: Based on interviews and clinical record review, the facility failed to ensure Patient 1 was assessed appropriately to determine the need for the Heimlich maneuver (an emergency technique to prevent dying [by not having access to air] when a person's windpipe becomes blocked by a piece of food). Findings: On 11/22/11 at 8:57 a.m., an unannounced visit was conducted at the facility to investigate a	A 163	The following constitutes the facilities response to the findings of the Department of Public Health Services and does not constitute an admission of guilt or agreement of the facts alleged or conclusions set forth on the summary statement of deficiencies. This plan of correction is prepared as required by the provisions of the Health and Safety Code, 42 CFR and constitutes the facilities written credible allegation of compliance. T22 DIV 5 CH3 ART3-72311(a)(1)(A) Nursing Service-General 1. The patient discharged from the facility on 6/20/2011. 2. There were no other incidents of nursing assessments requiring the Heimlich maneuver. 3. The licensed nurse received in-service at the time of the incident and additionally on 12/31/11 by the Director of Nursing Services (DNS) regarding the proper assessment of the need for the Heimlich maneuver.	

Licensing and Certification Division

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE
STATE FORM

TITLE

ADMINISTRATOR

(X6) DATE

12/30/11

California Department of Public Health

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A 163	<p>Continued From page 1</p> <p>complaint related to quality of care/treatment. The clinical record for Patient 1 was examined. Patient 1's significant change of condition Minimum Data Set dated 6/7/11 (an assessment tool) described Patient 1 with the ability to understand others as well as being understood.</p> <p>Patient 1's nursing notes dated 6/20/11 at 9:24 a.m., indicated the following: "2445 (12:45 p.m.) Wake patient up for scheduled med (medication). Patient took med. After couple sips of water patient complaint of med being stuck in throat. Gave couple of sips of water. Patient able to verbalize needs. Denies choking. No SOB (shortness of breath) noted. Gave bites of sandwich. Patient requested aide to stay with her. Aide stay to help assist patient eat.</p> <p>Patient 1's nursing notes dated 6/20/11 at 9:24 a.m., indicated the following: "0115 (1:15 a.m.) 128/79 (blood pressure), 97.4 (temperature in Fahrenheit), 113 (heart rate), 28 (respiratory rate), 10/10 (described the pain 10 out of 10). Aide inform nurse about patient (Patient 1). Found patient pale, clammy, sweaty, and breathing in short shallow breaths. Patient denies any chest pain or tightness. O2 (oxygen) Sat (saturation - amount of oxygen in the blood) @ 97% on O2 liter @ 2 LPM (liters per minute). BS (blood sugar) checked of 169. Only complaint was severe pain. Abd (abdomen - stomach area) firm, distended with hypo (low) active bowel sounds. Told patient that nurse was going to do Heimlich maneuver. Heimlich maneuver done with no med (medication) visible in mouth. Rechecked O2 Sat of 77% (normal greater than 91%) MD (medical doctor) called."</p> <p>On 11/22/11 at 10:14 a.m., an interview was conducted with Certified Nursing Assistant 1</p>	A 163	<p>Continued from page 1</p> <p>4. Licensed staff are responsible to know the proper assessment and technique for the use of the Heimlich maneuver. The Director of Nursing Services is responsible to ensure proper nursing assessment through continuous nursing education and monitoring. Anomalies will be forwarded to the QA committee for review and recommendation.</p>	
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A 163	<p>Continued From page 2</p> <p>(CNA 1). CNA 1 stated she was caring for Patient 1 on the day she was transferred to the hospital (6/20/11). When questioned about Patient 1's condition, CNA 1 stated Patient 1 was talking and complaining about pain putting "her hand on her belly." CNA 1 stated Patient 1 was also "sweating." CNA 1 stated she contacted RN 1 about Patient 1's pain and RN 1 stated "she already gave her the pills." CNA 1 was not sure what pills were given. CNA 1 stated Patient 1 stated "I can't swallow." CNA 1 stated RN 1 stood behind Patient 1 and gave "hand thrusts (Heimlich maneuver)" to Patient 1. CNA 1 could not remember how many times this was done, and stated the position of RN 1's hands were just below the sternum (breast bone). CNA 1 stated Patient 1 "seemed desperate."</p> <p>On 11/23/11 at 9:20 a.m., an interview was conducted with the Director of Nursing Services (DON). When the DON was questioned about the Heimlich maneuver RN 1 used on Patient 1, the DON stated RN 1 did not use the Heimlich maneuver appropriately.</p> <p>Review of the document "How to Do the Heimlich Maneuver" copyright 2007 from heimlichinstitute.com revealed the following: "A choking victim can't speak or breathe and needs your help immediately."</p>	A 163		